



# Healthy Living Survey for People with Disabilities

**MDHHS & CDC want to know if you are receiving all the healthcare you need.**

MI-DDI is interviewing 50 people with intellectual/developmental disabilities (I/DD) to find out if you are able to maintain a healthy lifestyle. Are you able to visit the dentist regularly, have your hearing checked, schedule mammograms and monitor your blood pressure to prevent heart attacks and strokes? If you live in Wayne, Oakland, or Macomb county and have an I/DD, you are able to participate in this project. MI-DDI will connect participants to resources and health promotion activities that can improve your health outcomes.



**Participation takes about 2 hours of your time and you will receive \$150 in Visa Gift Cards.**

Each participant will engage in two health surveys and one follow-up meeting to provide resources and answer questions. Participants will receive one \$50 Visa gift card for completing each assessment and meeting (a total of 3).

**\*To receive full payment, you must complete the entire process. \***

**You can participate through zoom, by telephone, or in-person. All information is confidential.**



If you are interested, click [here](#) to complete the interest form.

You can also express your interest by email or phone.

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